


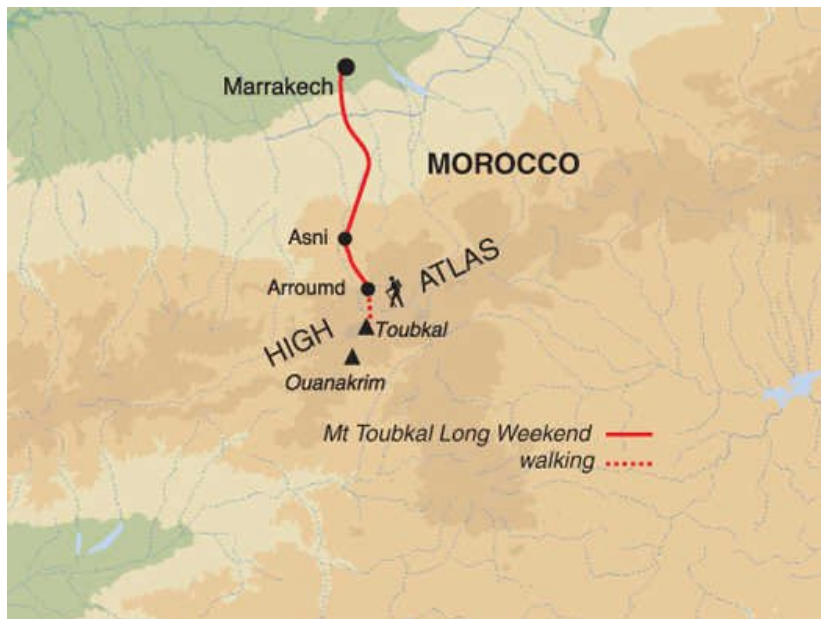
## Mt Toubkal Long Weekend



<b>Turkode</b> TMY	<b>Destinasjoner</b> Marokko	<b>Turen starter</b> Marrakech
<b>Turen destinasjon</b> Marrakech	<b>Reisen er levert av</b> 	<b>5 dager</b> Fra : NOK

### Oversikt

Conquer Mt Toubkal in a long weekend walking adventure



## Reiserute

### Day 1

Start Marrakech.

Depending on your arrival time, there may be time to independently explore this wonderfully colourful city.\* \* Hotel Gomassine or similar

### Day 2

Morning transfer to Imlil; short walk to Arroumd for lunch. Afternoon walk to Toubkal Base Camp refuge.

After breakfast, we leave Marrakech and drive to Imlil. Continuing on foot from here to Arroumd which is a short walk of approximately one hour. After lunch, we follow winding mule tracks for another 5 hours. This is a stunning walk through the breathtaking mountain scenery of the valley of Ait Mizan. We may stop for a visit to the Marabout of Sidi Chamharouch before continuing on to Toubkal Base Camp (3207m) for dinner. \*Les Mufions Refuge or similar\*

### Day 3

Early start for Toubkal ascent, over rocky paths with little vegetation. The final ascent affords panoramic views. Return to refuge for lunch and continue to Arroumd.

We start very early for our Toubkal ascent (4am), walking over rocky paths as there is less vegetation at this altitude. There are long sections of scree, where the climb becomes challenging due to the loose rock. Once we pass the 4000m point, we can appreciate the magnificent panoramic views across the tranquil valleys and lower summits of the High Atlas Range. The achievement of standing on the summit is unforgettable and the views from the summit are simply magnificent. To the north we can see the fertile plains of the Magreb and Marrakech, and to the south, the wild rugged landscape of the pre-Sahara. All around us are the many jagged peaks of the High Atlas stretching into the distance. We descend to the refuge for lunch, then continue our descent to Arroumd and our gite for the night. This is a long but extremely rewarding day of walking. \*Hotel Aremd or similar\*

### Day 4

Short walk to Imlil; transfer to Marrakech. Guided tour and free afternoon to enjoy the city. (please note the guided tour will not be included in 2020)

The short walk down to Imlil is followed by the drive back towards Marrakech, where we have a guided tour. Taking in the main sites we learn about the history, culture and architecture of this wonderful city. We then have free time to explore the Djemaa el Fna and the souk, a must for some serious bargaining for souvenirs. Please note in 2020, the guided tour will no longer be included. The day in Marrakech after the return will be free. \*Hotel Gomassine or similar\*

## Day 5

End Marrakech.

For those on group flights, these depart in the morning and will arrive in the UK the same day. \*\*

## Viktig Informasjon

### The trip destination

\* 2 nights 3-star hotel with en suite rooms, 1 night gite and 1 night refuge with basic shared facilities \* 3 days point-to-point walking with full portorage \* Group normally 4 to 16, plus leader. Min age 16 yrs \* Free transfers to meet any flight \* Altitude maximum 4167m, average 2600m \* Travel by private minibus \* Crampons may be needed for April and October departures

### Food

All breakfasts, 2 lunches and 2 dinners included. Breakfasts usually consist of porridge, bread and jam with coffee or tea. When eating out, meals are reasonably priced - kebab and bread cost only about £4 (approx. US\$6.50). In main towns it is possible to find very good French and Moroccan restaurants where a meal with wine will cost anything from £20 (approx. US\$30) upwards. Generally dinner is likely to cost between £5-10 (approx. US\$8-15) depending on what you drink. £15 (approx. US\$25) a day for food should be sufficient. Local beers, wines and soft drinks are available at very reasonable prices but you can pay UK prices or more for imported alcohol. Your leader can help recommend restaurants each evening. Vegetarians can be catered for but there is a fairly limited choice of cous cous and tajine or omelettes. This is particularly the case during the more rural or trekking sections of the trip. Please note that if you have any special dietary requirements you should inform the Exodus Office prior to the trip. If you have a specific medical/dietary need (i.e. coeliac or vegan) you may find it helpful to bring some items of food with you from home. If you are travelling from UK we advise you buy your own water purification tablets in the UK and take them with you. Bottled water can be purchased throughout the trip. Please note recycling is not fully established in Morocco so plastic bottles are an increasing waste problem. We encourage you to bring water bottles and a means of purifying, filtering or sterilising water (see packing section) in order to be able to drink cool water from mountain streams. Bottles of water are available but we strongly discourage buying these as it contributes to plastic waste.

### Accommodation

## Priser / Datoer

Ved skriftlig aksept av vårt tilbud bekrefter du/dere at våre betingelser er både lest og forstått og at evt kansellerings gebyrer kan tilkomme ved en evt. avbestilling av reisen

Tilgjengelige datoer	Pris (1 voksen)	Pris (1 barn)	Status reise
Thu, 06 May 21 / Mon, 10 May 21	NOK 5 540	På forespørsel	Garantert
Thu, 13 May 21 / Mon, 17 May 21	NOK 5 540	På forespørsel	Ledig
Thu, 20 May 21 / Mon, 24 May 21	NOK 5 540	På forespørsel	Ledig

Thu, 10 Jun 21 / Mon, 14 Jun 21	NOK 5 540	På forespørsel	Ledig
Thu, 22 Jul 21 / Mon, 26 Jul 21	NOK 5 540	På forespørsel	Ledig
Thu, 19 Aug 21 / Mon, 23 Aug 21	NOK 5 540	På forespørsel	Ledig
Thu, 09 Sep 21 / Mon, 13 Sep 21	NOK 5 540	På forespørsel	Ledig
Thu, 23 Sep 21 / Mon, 27 Sep 21	NOK 5 540	På forespørsel	Ledig

Vi vil komme tilbake til deg med et tilbud på den forespurte reisen/pakken i løpet av 48 timer. Alle tilbud er uforpliktende og er vanligvis gyldige i 7 dager. Vi gjør oppmerksom på at reserverte tjenester kan bli kansellert innenfor disse 7 dagene og at pris kan endres inntil en endelig bestilling er mottatt.